



Adult Retreats

2025

VFES offers multiple adult retreats throughout the year, including a week-long beach getaway in the summer. These retreats are held at the following locations: Mt. Gilead Conference Center in Stroudsburg, PA, Camp Innabah in Spring City, PA, Fenwick Island in Sussex County, DE and Lake Harmony in Lake Harmony, PA.

. VFES' respite retreats give families and caregivers the peace of mind knowing their adult with special needs is being well cared for while having fun and memorable experiences with friends.

Financial Aid May Be Available

Mt. Gilead

April 25 - 27, 2025
November 7 - 9, 2025

Camp Innabah

May 30 - June 1, 2025
September 12 - 14, 2025

Fenwick Island

April 11 - 14, 2025
August 2 - 8, 2025

Lake Harmony

July 26 - Aug 1, 2025

For information regarding our Cancellation Policy, please visit our website.